



2023 ANNUAL REPORT



"37 years in defense of life"

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Message from the Director

November 19, 2023
Arecibo, Puerto Rico

Today, as it has done for the past 37 years, the Hogar Santa María Eufrosia continues its journey in defense of life and human dignity under our motto "A person is worth more than a world". This fiscal year 2022-2023 we have had the opportunity to host and serve 15 young mothers and 12 infants. This figure is the highest in nearly a decade. This reaffirms the need that exists in our society. During their time at the Home, the young women received social work services, clinical psychology, balanced nutrition, spiritual accompaniment, health services for themselves and their babies, transportation and accompaniment for all their appointments, tutoring and other educational services, support groups, recreational and cultural activities, crafts, physical education, supervision and help in the care of their baby; as well as various educational and vocational workshops and self-improvement talks.

Our institution continues to be the only one accredited and specialized in Puerto Rico to offer highly qualified services specifically aimed at pregnant adolescents or adolescents with newborn and children at high social risk. This year, we have walked at a steady pace putting all our effort into providing the highest standards of excellence in every service we offer to our participants. The Home has maintained a constant commitment to monitor the services we offer in order to reduce errors and identify opportunities for improvement to increase the effectiveness of the program and ensure that we meet the quality standards required by participants. In order to maintain a good monitoring of the quality of services and to have the data available at the time of decision-making, we began to present quarterly reports of our performance measures in areas such as social work, health, psychology and spirituality, among others, to the Board of Directors and internal work teams. In the same way, we communicate in each quarterly report the significant achievements and difficulties encountered in the implementation of the programme.

On the other hand, excellence in the workforce has been essential to the development of our goals and objectives. For this reason, we have spared no effort to ensure that our staff is one of a high level of excellence with the motivation, knowledge and necessary tools to offer the best possible service. On the one hand, we have reviewed and improved staff recognition policies by implementing new measures such as the selection and awarding of the employee of the year and encouraging staff participation in decision-making, among others. On the other hand, the participation of the workforce has been encouraged in various educational or training workshops at the Manuel Fernández Juncos Children's Home, the Santa Teresita Children's Home, the University of Puerto Rico, the facilities of the Department of the Family, our own facilities with excellent professionals in the field, and the UMA Annual Meeting traveling to Boulder, Colorado.

In the area of infrastructure, it is worth mentioning the great progress made this year. Among them, I have to highlight that thanks to a generous donation from the biopharmaceutical company AbbVie Puerto Rico, today we have a new 30-kilowatt diesel electric generator with the capacity to power all our facilities. In addition, this generator is a source of automatic backup power when the electrical system fails. On the other hand, I have to allude to the new suppression

system installed in the kitchen of the young women in order to minimize fire risks, thus providing greater residential security. This was made possible thanks to the support of the Ladies Civic Club of Puerto Rico, Arecibo chapter. In addition, thanks to the work of our maintenance staff and technicians sent by the Arecibo Multiple Insurance Company, our gate at the main entrance is in operation. Finally, I could not fail to mention the advances in technological infrastructure and the purchase of equipment for the benefit of young women. Today our young women have a new interactive whiteboard and ergonomic chairs that promote better posture and health for them. Also this year, exercise and sports equipment were acquired such as 2 new treadmills, 2 bicycles, volleyball mesh and ball, basketball, step for aerobics, jump ropes, weights and bands, among others. As I said earlier, we have made steady progress this year.

The great efforts made to raise the necessary financial resources to achieve the goals and objectives proposed in our program have been great and effective. For the 2021-2022 fiscal year, the funds received by grants totaled \$371,280, while for the 2022-2023 fiscal year the sum amounted to \$399,982. This means a 7.2% increase in grant funds and a 35.3% increase in total revenue compared to the 2020-2021 fiscal year. Despite the constant cuts in some of our sources of funds, we continue to double our efforts to achieve our goals and purposes.

This year 2023, we began a successful outreach campaign through our social networks Facebook and Instagram and today we already have 1,318 friends and 262 followers on the Facebook platform, thus making visible the presence of the Home and its ability to adequately serve the population we impact. Also, this year we have had the opportunity to create new alliances for the benefit of our participants. Among them, I want to mention a new alliance between the Home and the entity Future Star Therapy, which makes it possible for both our young women and infants through an early intervention program, to now receive speech therapies and occupational therapy in our facilities.

Now, looking to the future, we look at our opportunities for improvement. In the area of infrastructure, I have to mention the need to install new air conditioners or improve the ventilation system in areas such as the young and baby living room and the dining area, so that these spaces are safe, pleasant and comfortable particularly in times of extreme heat. Also, we still need to change 5 plates of the solar water heater. In addition, we need to improve the lighting around the Home, although I should point out that some progress has already been made in this regard. On the other hand, we continue to look for alternatives for pruning large trees. In the area of workplace excellence, we are committed to providing our staff with at least 12 contact hours of training during FY23-24 in specialized training as a means of maintaining or improving the quality of services. Also, we hope to be able to hire the necessary staff in both the administrative area and the direct service area.

In the medium-term future, from 1 to 5 years, according to our ecological plan, due to the instability of the electricity system in Puerto Rico and climate change, we see the need to move to energy independence with a cleaner and renewable energy source by installing a solar panel system to generate the electricity we need. This has an approximate cost of \$125,000.00. We have already begun to direct efforts in the search for financing sources to be able to properly and effectively implement this important project.

Last but not least, this year 2023 our institution suffered a great loss due to the earthly departure of our beloved former director, Sr. Carmen Brenes, who on March 5, 2023, was called into the arms of Jesus the Good Shepherd. We raise our prayer that Almighty God will grant him eternal rest.

I am infinitely grateful for the generosity of all those who in one way or another have supported this mission in defense of life. May God bless you always!



Raquel Gonzalez Bravo
Executive Director



"A person is worth more than a world" Santa María Eufrosia

Community Impact

Home Program Participants 2022-2023

During the period from fiscal year 2022 to 2023, we had the opportunity to serve 15 young mothers and 12 infants (9 girls and 3 boys) for a total of 27 participants impacted during the year. This figure is the highest in nearly a decade.

Summary of Programmatic Accomplishments

- ✚ During this period, a total of 1,527 night/bed services were offered to pregnant adolescents or with infants in vulnerable situations.
- ✚ All the young women and their babies received the necessary medical services according to their particular need.
- ✚ The young women admitted benefited from recreational, educational and cultural activities.
- ✚ 14 of the 15 young women benefited from school tutoring through the Homeless staff of the Department of Education and/or through the Teacher-Tutor hired by the Hogar Santa María Eufrosia.
- ✚ The nutritional needs of each young woman and each infant were met during this time period.
- ✚ All the young women were attended by the Social Worker and the Nurse of the Home upon admission and then follow-up was offered in their individual needs.
- ✚ 93% of the young women were seen by Dr. Madeline Rivera, a clinical psychologist, for initial evaluation and follow-up visits to work on the psychological area.
- ✚ All the girls received 24/7 supervision and accompaniment.
- ✚ 10 of the girls received prenatal care and 5 young people came to the Home with their babies and received postnatal and pediatric care for the infants.
- ✚ All the young women were offered the opportunity to participate in spiritual formation activities. A total of 12 young people (80%) participated in these formative activities for the benefit of cultivating the richness of their inner life.
- ✚ In the school area, 11 of the girls were enrolled in schools or institutes close to the Home in the municipality of Arecibo to continue their studies. 3 young women requested to continue enrolled in their schools of origin and continued to take virtual classes assisted by the tutor of the Home. 4 young women were promoted. One young woman completed a university degree in styling and another of the young women graduated from High School and began university studies at National University College (NUC).

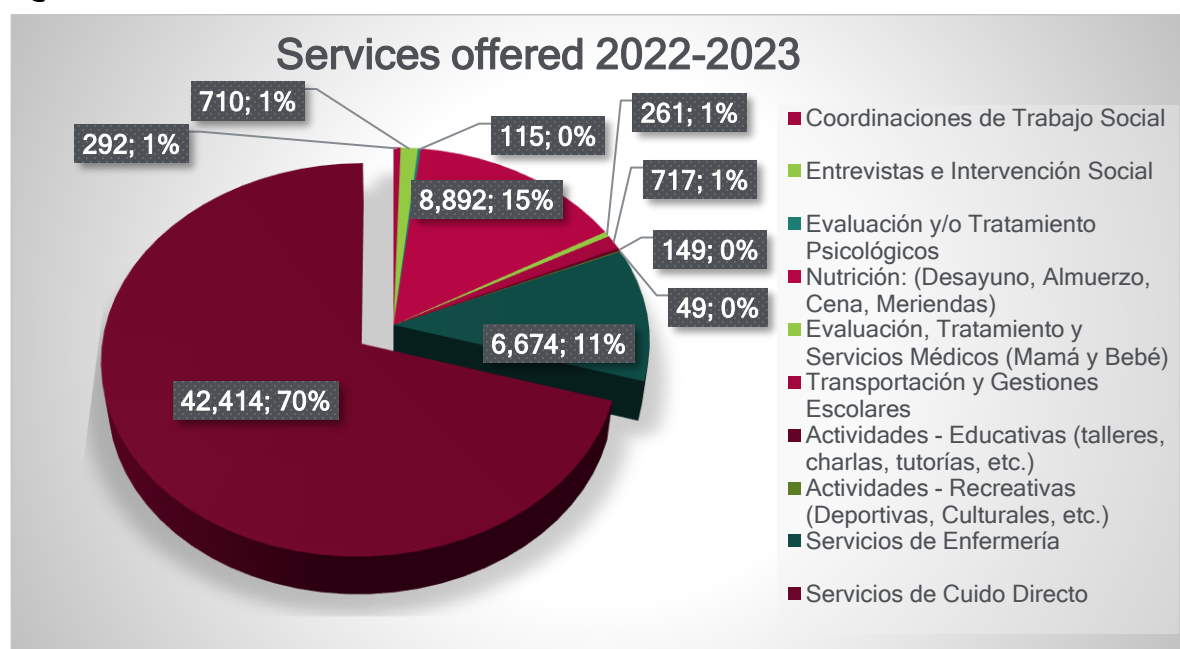
In addition:

- ✓ The Social Worker was available to provide services to the minors 40 hours a week and overtime when needed.
- ✓ The Clinical Psychologist was available to offer group therapy and individual therapy to each participant once a week and in cases of crisis intervention.
- ✓ We worked under a collaborative agreement with Albizu University so that clinical psychology students could carry out their internships at the Home.
- ✓ An agreement was worked with Future Star Therapy so that young women and babies could receive speech and occupational therapies in our residential facilities.
- ✓ Former residents who call or visit the Home with their children continue to be cared for and supported.
- ✓ We have managed to maintain the provision of the service, optimizing the quality of these.
- ✓ The young women were trained in emotion management, breastfeeding, responsible parenting, nutrition and other skills for healthy coexistence and reflection.

ACHIEVEMENTS IN OTHER AREAS:

- ✓ Volunteer work and collaboration to offer workshops, talks and crafts, among others.
- ✓ The training program for the staff of the Home was strengthened so that they can offer a better service to the participants.
- ✓ A new 30kw diesel electric generator was installed, making our facilities more resilient to failures in the country's electrical system.
- ✓ A new fire suppression system was installed in the kitchen of the Home.

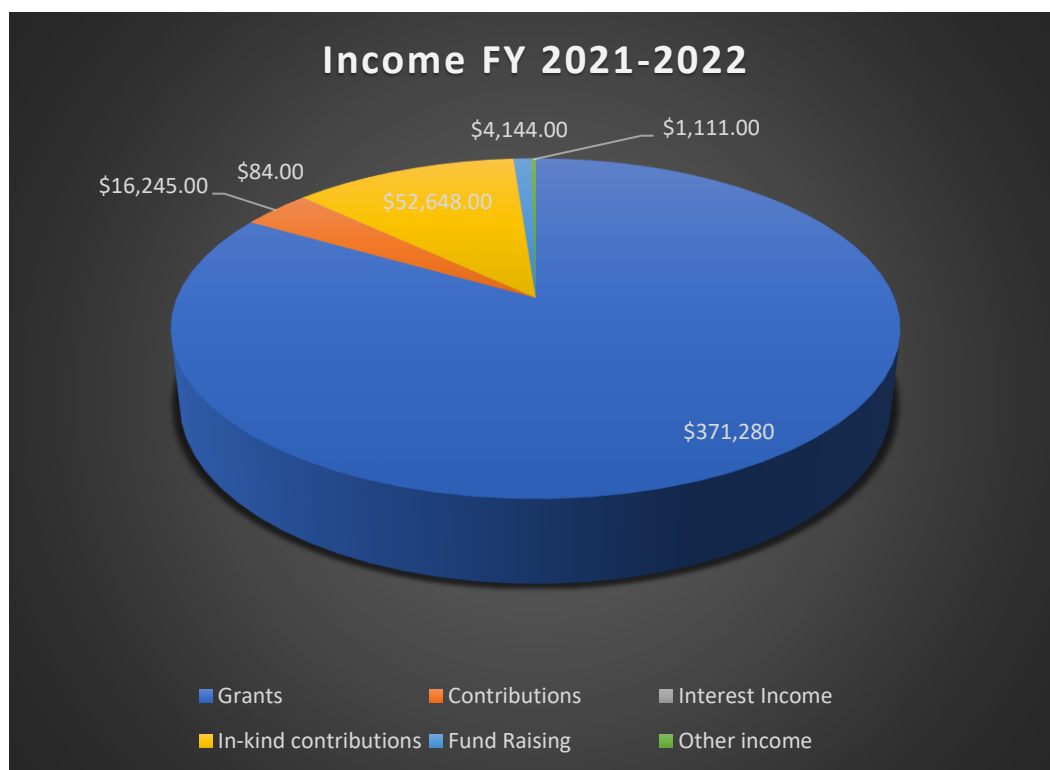
Quantitative Services Statistics



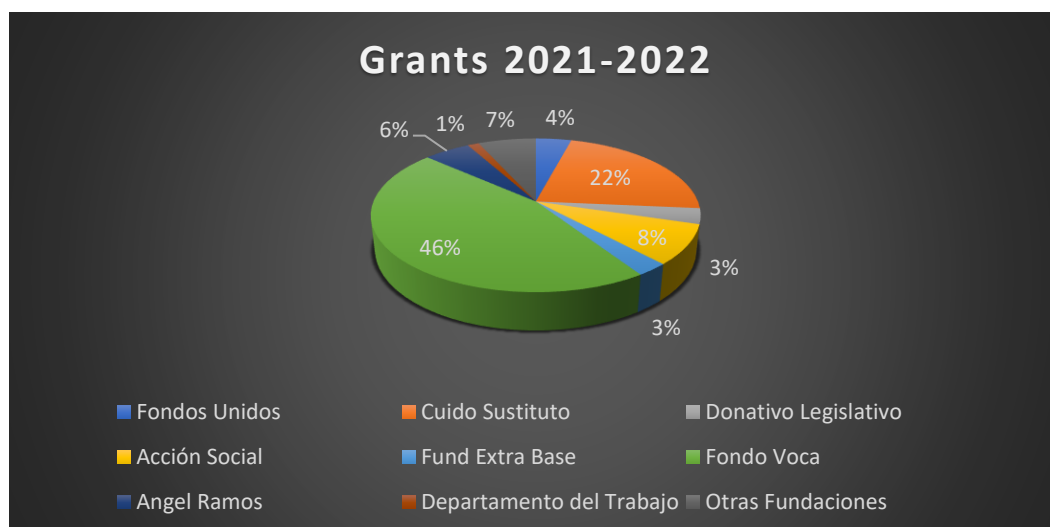
Finance

FY 2021-2022 INCOME

Income for the 2021-2022 fiscal year amounted to \$445,512. Of these, \$371,280 came from grants, \$16,245 from contributions received, \$84 from accrued interest, \$52,648 from in-kind donations, \$4,144 from fundraising activities, and \$1,111 from other miscellaneous income.

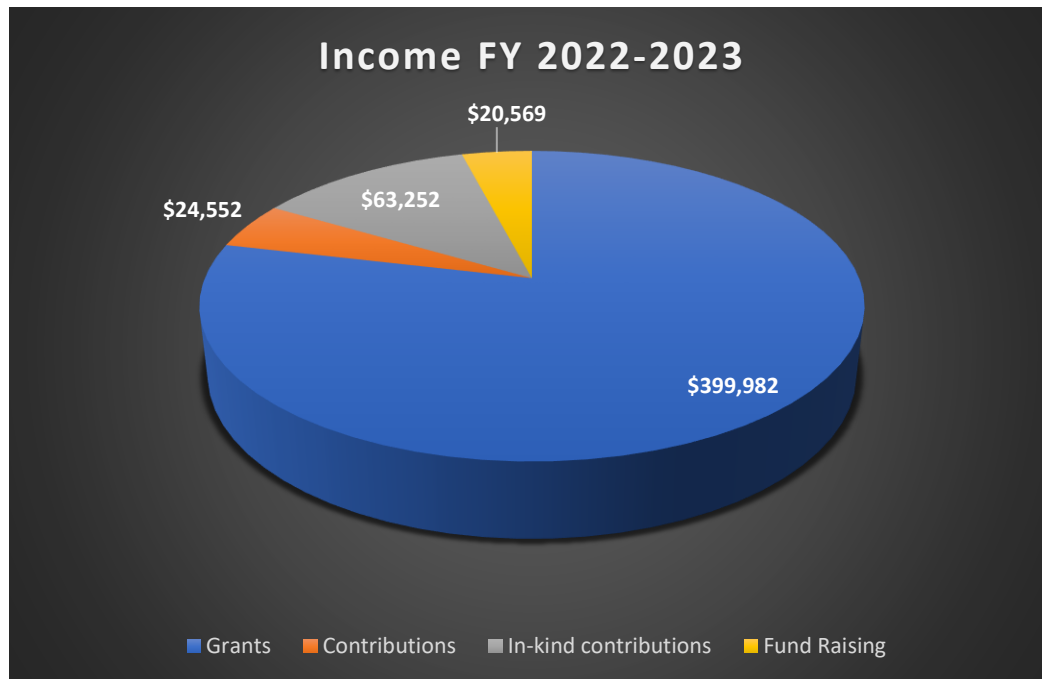


Total Income FY 2021-2022 - \$445,512

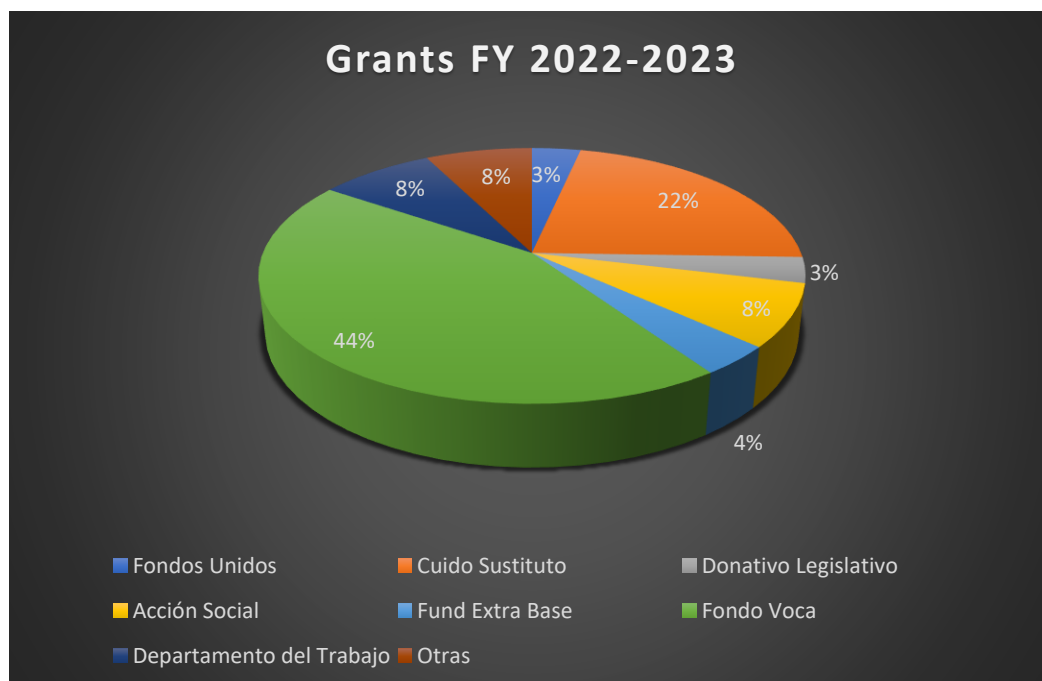


FY 2022-2023 INCOME

Income for the 2022-2023 fiscal year amounted to \$508,355. Of these, \$399,982 came from grants, \$24,552 from contributions received, \$20,569 from fundraising, \$63,252 from in-kind donations.

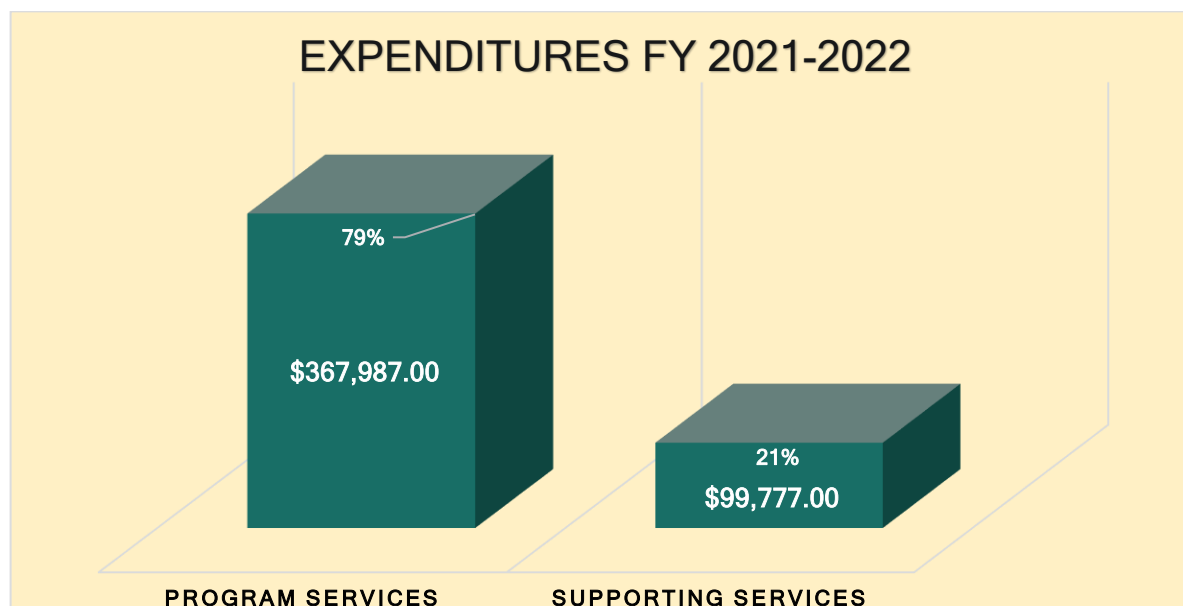


Total FY Income 2022-2023 - \$508,355



EXPENDITURES FY 2021-2022

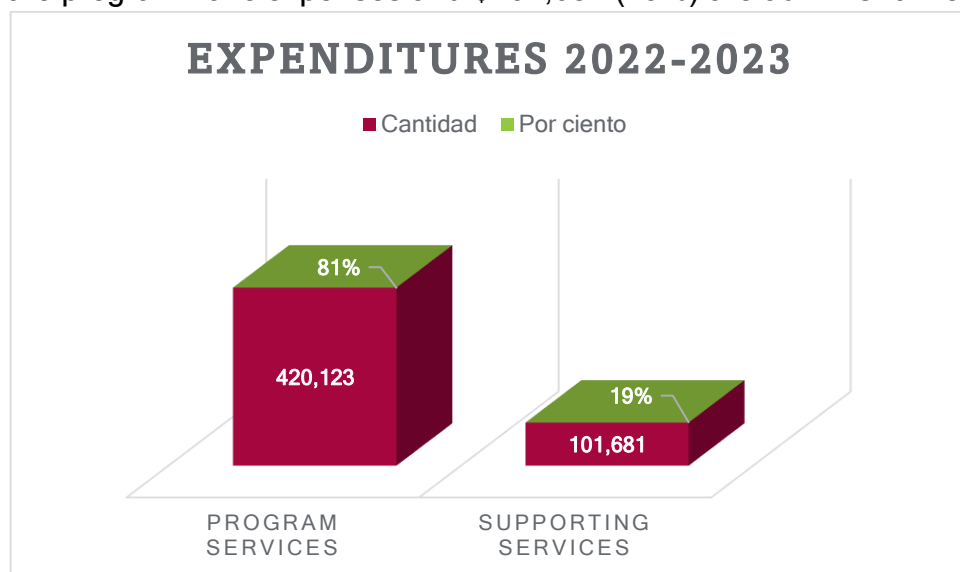
Expenditures for the 2022-2023 fiscal year amounted to \$467,764. Of these, \$367,987 (79%) are programmatic expenses and \$99,777 (21%) are administrative expenses.



Total Expenditures FY 2021-2022 - \$467,764

FY 2022-2023 EXPENDITURES

Expenditures for the 2022-2023 fiscal year amounted to \$521,804. Of these, \$420,123 (81%) are programmatic expenses and \$101,681 (19%) are administrative expenses.



Total Expenditures FY 2022-2023 - \$521,804

CONCLUSIONS

At the end of the 2022-2023 fiscal year, we can conclude that we have successfully completed the proposed work plan, developed the projected activities, and met or exceeded the goals and objectives we had set for the year.

Additionally, we can say that it was a year of constant walking towards excellence. Among the most significant achievements of the year are the following:

1. In the area of labor excellence, the progress made in the execution of the training plan for all staff in order to provide a better service.
2. Improvements in the employee recognition and remuneration plan.
3. Improvements to the use and management of social networks to achieve greater community visibility of the work we do every day. (Storytelling)
4. A 14% increase in total revenue collected compared to the previous fiscal year (FY 2021-2022).
5. Infrastructure improvements to offer a better service, such as a new 30kw diesel electric generating plant, and a new fire suppression system installed in the kitchen of the Home with an approximate investment of \$19,682.50
6. Acquisition of sports equipment to improve the recreational program of the program participants, as well as didactic and/or educational material.
7. Attention to a sustained enrollment.
8. Constant monitoring of performance measures in order to provide services with the quality required by our participants.

Now we look to the future with optimism, hope and a great desire to work with the new challenges proposed for the benefit of young women and babies who are the reason for our daily effort.

Thank you to all our staff and collaborators for making this mission in defense of life and human dignity possible!